

# Health & Wellness



Employees are “more likely attracted to, remain with, and value a company that obviously values them”\*. Employers that value and promote a healthy lifestyle can motivate their employees to perform to their potential.

Customized to your corporation’s needs and culture, our integrated suite of Wellness Services provides your employees with the tools and information to lead healthier lives and reduce their risk of illness and disease. From an organizational analysis of health risks and a review of the key factors driving your employee health and benefit costs, we will offer a comprehensive program to fit your budget and work toward the identified organizational goals. Our national network of health care staff will deliver a consistent and standard program across the country in both large urban centers and more rural areas.

Our integrated project management system will enable you to view your events and services in real time. We offer a fully customized online registration system for our biometric screening and flu immunization programs for seamless planning. As a corporation, you will receive return on investment (ROI) data, aggregate reporting of program outcomes and ongoing communication with a dedicated Key Account Manager.

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## Service Offering

- Individual/integrated biometric screening (blood pressure, blood glucose, lipid panel, body mass index, strength & flexibility testing)
- Health risk assessments
- Lifestyle risk coaching
- Travel health immunization programs
- Flu immunization clinics
- Corporate education sessions on a variety of topics (i.e. Take care of your back, Healthy heart, Preventing repetitive strain injuries)
- E-challenges & E-campaigns

See more on reverse >

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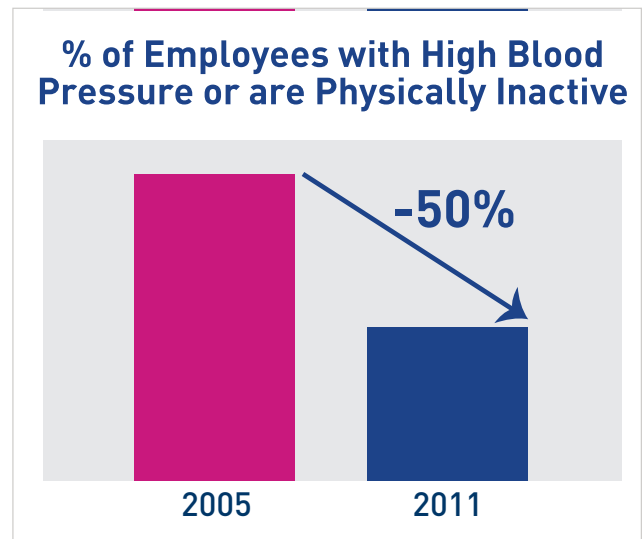
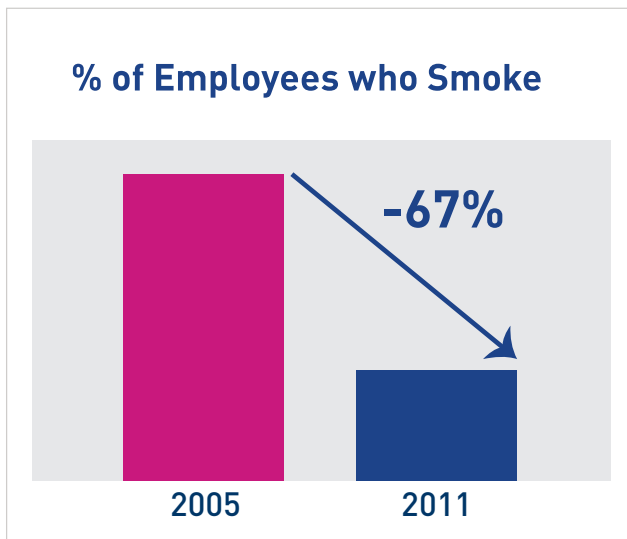
## Case Study

Client Sector:	Pharmaceutical
Client Type:	Corporate
Services Rendered:	Workplace Wellness Program

Estimated  
Cumulative Savings:  
**\$250M Over 6 Years**

## Benefits

- Provide services to employees which will improve their overall health and well-being resulting in a more engaged and productive workforce
- Integrated service customized to meet your organizational needs to reduce the cost of employee health benefits
- One-stop-solution for wellness needs
- National coverage
- Industry leading IT solutions to facilitate referral, intake and appointment booking



\* Source: Partnerships for a Healthy Workforce