



About Us

Our interdisciplinary team of nurses, physicians, case managers, psychologists and clinicians specializes in mental health and addiction issues.

We provide services for registered pharmacy professionals across Ontario, including, when possible, for members in remote regions.

Lifemark Health Group is the service provider for the Ontario Pharmacy Health Program (OPHP), previously called the Ontario Pharmacy Support Program (OPSP).

Confidentiality

We are committed to privacy protection and adhere to professional standards of confidentiality at all times in compliance with the Personal Health Information Protection Act, 2004 (PHIPA) and Lifemark Health Privacy Policy.

Please contact us if you have any questions or concerns about the collection, use and dissemination of any personal or health information.

Contact Us

Toll-free in Canada: **1-844-931-0007**

Weekdays: **9am – 5pm EST**

Fax: **1-866-429-9137**

Email: **ophp@lifemark.ca**

Our phone line is open during regular business hours, **Monday to Friday, from 9 am to 5 pm**, excluding holidays. Messages left after hours on our confidential, secure mailbox will be returned within one business day.

Please note: This is not a crisis line. If you require immediate assistance, please call 911 or head to the nearest emergency room or hospital.



What is the Ontario Pharmacy Health Program?

The Ontario Pharmacy Health Program is a voluntary program for registrants of the Ontario College of Pharmacists. It is designed to encourage those with substance use and/or mental health disorders to seek treatment.

The program monitors registrants' recovery so that they may be supported to return to practice and/or practice safely, which promotes professional accountability and protects the public.



Struggling with substance use and/or mental health disorders?

We can help.



How can the program help registrants?

Registrants can benefit from access to specialized programs that recognize the unique needs of pharmacy professionals. In addition to receiving support during the program, registrants learn about available community resources to help ensure long-term support is available.

What services are available?

Registrants in the program receive case management assistance, information and self-referral options, industry-leading assessment and disability management services, as well as assistance with staying at work and/or return to work.

The available options include:

- Comprehensive psychological, psychiatric and/or substance use assessments
- Clear diagnostic and functional formulation of a registrants' condition, treatment and practice recommendations
- Direct or facilitated treatment interventions tailored to specific needs
- Evidence-based treatment and monitoring services
- Coordination of substance use counselling and relapse prevention and specialized mental health and substance use programs



Contact the Ontario Pharmacy Health Program today.